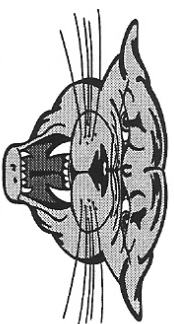


The Cougar Cafe'

January 2012



Sun Mon Tue Wed Thu Fri Sat

1	K3-3rd Cougar Combos \$3.00		4	Poboy day 5 Meatball, BBQ pork, bacon chicken ranch	6	Catfish plate 6 Salad, collard greens, hush puppies, fries, baked beans, slaw	7	Snacks & desserts 7 Sara Lee 150 calorie desserts \$1.25 apples .75 grapes 1.25 cake 1.50 fresh baked cookies 1.00 pie 1.75
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8	Pizza day 9 Salad, pickle chips, bacon ranch potatoes, broccoli salad, fries	9	Soup day 10 Loaded potato or taco Salad, grilled cheese, corn nuggets, bread stick, brown sugar carrots	10	Mexican day 11 Beef & cheese enchilada Salad, refried beans, nachos grande, Spanish rice	12	Burger day 12 <i>Fresh hand made</i> Salad, corn nuggets, baked beans, fries, fried string beans	13	Catfish plate 3 Salad, collard greens, hush puppies, fries, baked beans, slaw
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15	No school	16	Hamburger steak 7 Salad, fried okra, rice & gravy, corn, string beans	17	Chinese plates 8 Mandarin chicken Salad, vegie mix, chicken & rice, pasta	19	Poboy day 19 Meatball, BBQ pork, bacon chicken ranch Salad, corn nuggets, baked beans, fries, fried string beans	20	Catfish plate 0 Salad, collard greens, hush puppies, fries, baked beans, slaw
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22	Pizza day 3 Salad, pickle chips, bacon ranch potatoes, broccoli salad, fries	23	Soup day 4 Loaded potato or taco Salad, grilled cheese, corn nuggets, bread stick, brown sugar carrots	24	Mexican day 5 Beef & cheese enchilada Salad, refried beans, nachos grande, Spanish rice	26	Burger day 6 <i>Fresh hand made</i> Salad, corn nuggets, baked beans, fries, fried string beans	27	Catfish plate 7 Salad, collard greens, hush puppies, fries, baked beans, slaw
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29	Pizza day 0 Salad, pickle chips, bacon ranch potatoes, broccoli salad, fries	30	Hamburger steak 1 Salad, fried okra, rice & gravy, corn, string beans	<p>New Sara Lee 150 calorie dessert cups Banana cream, triple chocolate and cookies & cream \$1.25</p> <p>Quick Cougar Chicken strips, popcorn chicken, cheese sticks, corn dog nuggets, fries pizza stick, pizza slice, hotdog</p>					
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Fresh salads made daily